

Birth Wise

BIRTH EDUCATION FOR EVERYONE

Birth is the heart of healthy communities & birthing wisdom belongs to us all.

Reclaim your wisdom before you need it & learn how blending the sacred with the scientific leads to powerful birth that is woman-centred, earth-healing & paradigm-shifting.



We are all born, and most of us will bring other people into the world, yet we often know little of birth when we first come to this sacred doorway ourselves.

Come along whether you are expanding your family, planning to one day, or just interested in birth and women's wisdom. This workshop is offered to expand your possibilities...and to help heal the wounds of our present birth culture.

FREE

All Welcome

EMAIL TO REGISTER
jenna@soula.nz

8 MARCH

5 APRIL

7:30 - 9PM

SOULA

www.soula.nz

@
THE SPACE YOGA STUDIO
Raglan

with
JENNA SHAW
BIRTH DOULA

